

**Dear Reader,**

**Thank you for your interest in sharing results from the Community College Health Study (CCHS) with your network. This NIH-funded study aims to better understand how to provide resources and programming to enhance the sexual and relationship health of community college students and prevent sexual assault.**

**The most recent edition of the CCHS newsletter shared new findings from our baseline survey of community college students about their current sexual health. On the next page is a short blurb for you to use when you are sharing information about these study findings with other members of your college, organization, or network. You can copy and paste the information on the next page into a listserv, Canvas/Moodle announcement, or body of an email.**

**If you choose to share this information via email, our suggested subject line for this blurb is “The State of the Sexual and Relationship Health of Community College Students: Findings from the Community College Health Study.” If you have been working with our CCHS team to involve your students or staff in this study, feel free to include a statement at the beginning of the blurb such as “We have been working with researchers at iRT to better understand our students’ health and the sexual and relationship health resources they need to thrive!”**

**If you have any questions, please email our study coordinator at** [**CCHstudy@irtinc.us**](mailto:CCHstudy@irtinc.us)**.**

**Thank you,**

**The Community College Health Study team**



**As a part of the Community College Health Study, over 1,500 community college students from 34 college campuses across the U.S. are completing online questionnaires about their sexual health, relationships, and media use.**

**Interested in receiving updates on study findings? Go to** [**https://cchealthstudy.com/results/**](https://cchealthstudy.com/results/)**#newsletter-form and complete the form to subscribe to the newsletter.**

**The most recent issue of the newsletter shared findings from the Community College Health Study baseline survey completed in 2021-2023. These findings paint an important portrait of the current trends in the sexual and relationship health of U.S. community college students. While over half of students who completed the baseline survey have had sex, on average students reported infrequent use of condoms and dual contraception (i.e., condoms and another form of birth control). Among sexually active students, only 52% of students have communicated with a doctor about sexual health and only 42% have ever been tested for STIs. Importantly, there are differences in the sexual health of different sexual and gender identity groups – indicating some groups may need more targeted resources.**

**Inconsistent engagement in healthy sexual behaviors places students at increased risk for STIs and unplanned pregnancy, which can impact overall health and make it more difficult for students to achieve their educational and vocational goals. Community colleges have the key opportunity to implement programming that educates students, cultivates the skills they need to make healthy decisions, and connects them with sexual health services.**

**Visit** [**https://cchealthstudy.com/results/#cta**](https://cchealthstudy.com/results/#cta) **for more information and materials related to this newsletter.**